

ZYDECO LADY

Four-wall Line Dance

Choreographed by: Chris Hookie

BPM: 100-120

Questions: Rose Haven 404-379-1213 or rose@atlantalincedance.com

Recommended Music:

Zydeco Lady, Eddie Raven

Two Good Reasons, Kenny Rogers

Any Cha-Cha rhythm music

BEATS	COUNTS	STEP DESCRIPTION
1-8		<u>LEFT - TOUCH FORWARD, TOUCH SIDE, CHA-CHA-CHA (LRL), (Sailor Step)</u> <u>RIGHT - TOUCH FORWARD, TOUCH SIDE, CHA-CHA-CHA (RLR).(Sailor Step)</u>
	1	Touch left toe forward
	2	Touch left toe to the left side
	3	Step left foot across behind right foot
	&	Step right foot to right side.
	4	Step left foot slightly forward left
	5	Touch right toe forward
	6	Touch right toe to the right side
	7	Step right foot across behind left foot
	&	Step left foot to left side.
	8	Step right foot slightly forward right
9-16		<u>STEP FORWARD LEFT, TURN 1/2 LEFT, CHA-CHA-CHA (LRL), (Coaster Step)</u> <u>STEP FORWARD RIGHT, TURN 1/2 RIGHT, CHA-CHA-CHA (RLR) (Coaster Step)</u>
	1	Step forward with left foot, starting a 1/2 turn left (left toes pointed left)
	2	Complete 1/2 turn left on the ball of the left foot and step back on right foot (facing 6:00)
	3	Step back on left foot
	&	Step back on right foot
	4	Step forward on left foot
	5	Step forward with right foot, starting 1/2 turn right (right toes pointed right)
	6	Complete 1/2 turn right on the ball of the right foot and step back on left foot (facing 12:00)
	7	Step back on right foot
	&	Step back on left foot
	8	Step forward on right foot
17-24		<u>STEP FORWARD LEFT, LOCK RIGHT, CHA-CHA (LRL) WITH TURN 1/2 LEFT.</u> <u>STEP FORWARD RIGHT, LOCK LEFT, CHA-CHA (RLR) WITH TURN 1/2 RIGHT.</u>
	1	Step forward on left, turning slightly to the right (body & feet facing approx.1:30)
	2	Slide right foot to left side of left foot into lock position.
	3&4	Cha-cha (L-R-L) while making 1/2(+) turn left to face 6:00.
	5	Step forward on right, turning slightly to the left (body & feet facing approx. 4:30)
	6	Slide left foot to right side of right foot into lock position.
	7&8	Cha-cha (R-L-R) while making 1/2 turn right to face 12:00.
25-32		<u>BACK, BACK, CHA-CHA (LRL)(Coaster Step), FORWARD, LOCK, CHA-CHA FORWARD (RLR)</u>
	1	Step left foot back.
	2	Step right foot back.
	3	Step left foot back.
	&	Step ball of right foot beside left foot.
	4	Step left foot forward.
	5	Step right foot forward.
	6	Slide left foot to right side of right foot into lock position.
	7&8	Cha-cha forward (R-L-R)
33-40		<u>FORWARD, LOCK, CHA-CHA (LRL), FORWARD, TURN 1/2 LEFT, CHA-CHA-CHA WITH 3/4 TURN LEFT (RLR)</u>
	1	Step left foot forward
	2	Slide right foot to left side of left foot into lock position
	3	Step left foot forward
	&	Step ball of right foot beside left foot
	4	Step left foot forward
	5	Step right foot forward
	6	Pivot 1/2 turn left on balls of both feet (weight to left foot - facing 6:00)
	7&8	Cha-cha in place right-left-right, turning 3/4 turn left (to end facing 9:00)

Begin again...