

# The Big E

Choreographed by Steve Edwards, Atlanta, GA (see Steve Edwards Dance on Facebook)

Description: 32 count, 4 wall, beginner west coast swing line dance

Music: **One Step at a Time** by Jordin Sparks [CD: Jordin Sparks / Available on iTunes]

Start dancing on lyrics.

This step sheet is slightly revised by Rose Haven, but is based on choreographer's original step sheet.

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## **1-8 4 WALKING STEPS FORWARD, SIDE ROCK STEP, SIDE ROCK STEP**

- 1-4 Step right forward, Step left forward, Step right forward, Step left forward  
5&6 Rock right to side, Recover to left (&), Step right together (option: cross right in front of left)  
7&8 Rock left to side, Recover to right (&), Step left together (same option as step 6)

## **9-16 GRAPE VINE RIGHT, FULL TURN LEFT or option: GRAPEVINE LEFT**

- 1-4 Step right to side, Cross left behind (option: cross in front of) right, Step right to side, Touch left by right  
5-8 Full turn to left moving towards left on left, right, left, ending with touch right next to left **or** option: Grape Vine Left, end with a touch (Step left to side, Cross right behind left, Step left to side, Touch right next to left)

## **17-24 WALK BACK 4 STEPS, PRESS STEP TOGETHER, PRESS STEP TOGETHER**

- 1-4 Step right back, Step left back, Step right back, Step left back  
5&6 Press ball of right back, Recover to left (&), Step right together  
7&8 Press ball of left back, Recover to right (&), Step left together

## **25-32 SIDE ROCK STEP, SIDE ROCK STEP, CHUG X4, ¼ TURN**

- 1&2 Rock right to side, Recover to left (&), Step right together (option: cross right in front of left)  
3&4 Rock left to side, Recover to right (&), Step left together (same option to cross)  
5& Step/point right to right side and push off right to turn ¼ left.  
6& Repeat 5&  
7& Repeat 5&  
8& Repeat 5&  
& On ball of left turn another ¼ left (completing 1¼ turn to left) and begin dance again from the top.  
Option on Chugs: Start with point right, and then turn as you please for counts 5,6,7,8, making sure to turn or spin an extra ¼ left from the starting wall of the chugs, to face the new starting wall.

## **REPEAT from the top**

### **STYLING OPTIONS**

While doing rock steps throughout this dance or when doing press steps in 3rd set of 8, try sliding the foot.