

# Swamp Thing

Choreographed by Max Perry

Suggested Music: *I'm A Cowboy* by Smokin' Armadillo

Or *Swamp Thang* by the Grid

40 Count – 4 Wall (can be done Contra)

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## **1-8 Rock Steps with Coaster Steps**

- 1,2 Rock/Step forward with the L foot (1); Recover weight back to R foot (2);  
3&4 Step L foot back (3); Step ball of R next to L (&); Step L foot forward (4);  
5,6 Rock/Step forward with the R foot (5); Recover weight back to L foot (6);  
7&8 Step R foot back (7); Step ball of L next to R (&); Step R foot forward (8).

## **9-16 Side Rock Steps with Triple Steps in Place**

- 1,2 Rock/Step L foot to L side (1); Recover weight to R foot (2);  
3&4 Step L foot next to R (3); Step R foot in place (&); Step L foot in place (4);  
5,6 Rock/Step R foot to R side (5); Recover weight to L foot (6);  
7&8 Step R foot next to L (7); Step L foot in place (&); Step R foot in place (8).

## **17-24 Vine to Left, Side Shuffle to Left, Right Rock Step Back**

- 1-4 Step L foot to L side (1); Cross R foot behind L (2); Step L foot to L side (3);  
Stomp/Step R foot next to L taking weight to R foot (4);  
5&6 Step L foot to L side (5); Step ball of R next to L (&); Step L foot to L side (6);  
7,8 Rock/Step R foot back (7); Recover weight forward to L foot (8).

## **25-32 Vine to Right, Side Shuffle to Right, Left Rock Step Back**

- 1-4 Step R foot to R side (1); Cross L foot behind R (2); Step R foot to R side (3);  
Stomp/Step L foot next to R taking weight to L foot (4);  
5&6 Step R foot to R side (5); Step ball of L next to R (&); Step R foot to R side (6);  
7,8 Rock/Step L foot back (7); Recover weight forward to R foot (8).

## **33-40 Step, Hold/Clap, and Step, Hold/Clap, Turn, Step, Turn, Step**

- 1,2 Step L foot to L side (1); Hold/Clap (2);  
& Step R foot next to L;  
3,4 Step L foot to L side (3); Hold/Clap (4);  
& Step R foot next to L (&);  
5 Step L foot to L side into a ¼ turn to L  
6,7 Step R foot forward (6); Pivot ½ turn to L, weight to L foot (7);  
8 Step R foot forward

Begin dance again.

Note: to do this dance contra: begin in two lines facing each other with a “window” in front of each person in both lines. In the second pattern, lines will be facing opposite directions in columns. On counts 33-40 the two columns will cross each other (second claps can be done with person you are crossing by), then turn to have two lines facing each other again. This pattern continues till end of dance.