

Saddle Up Shawty (aka Hip Hop Twist)

Style: 48 counts, 4 walls/intermediate (1 restart in wall 6, after 32 counts)

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Music: Saddle Up Shawty (Club Mix) by Mikel Knight; CD: [Urban Cowboy](#)

Intro: None, cold start immediately after the rooster crows or wait 16 counts and start on count 17 facing the 3:00 wall

Step Sheet provided by Rose Haven, as taught at Wild Bill's, Atlanta, GA 404.379.1213 rose@atlantaledance.com

Web: www.atlantaledance.com

Kick, Step; Kick, Hook; Step; Hold (add hands), Hitch; Walk back & Touch; Left Hip bumps x 2

1&2& Low kick R fwd (1), step on R (&), Low kick L fwd (2), Hook L over R knee (&),

3&4 Step L slightly fwd (3) Hold on (&) Shift weight back to R and hitch L up (4)

[Hands: L arm out to low left side with R fist at inside of L elbow (3), R arm out to low right sidewith L fist at inside of R elbow (&), Leaving L arm across body, bend R arm up vertically over R shoulder on same count as L leg hitch(4)]

5 & 6 Walk back L (5), walk back R (&), Touch L out to left side (6),

7, 8 Bump L hip up and to the left twice (12:00)

Step to L side; Quarter-turn Sailor; Half-turn Sailor; R Triple fwd; Step fwd L

1, Step L to left side

2&3 Step R behind L(2), turn ¼ to left stepping fwd on L (&), step R to right side (3),

4&5 Step L behind R turning ¼ to left (4), Step R to right side turning ¼ to left (&), Step L fwd (5)

6&7 Step R fwd (6), Step L next to R (&), Step R fwd (7),

8 Step fwd on L (3:00)

Step R fwd, Half-turn hip roll; Half-turn Sailor; Step R fwd, Half-turn hip roll; L Coaster Step

1, 2 Step R fwd (1), Roll hips around in counter-clockwise ½ turn (weight stays on R) (2),

3&4 Step L behind R turning ¼ to left (3), Step R to right side turning ¼ to left (&),
Step L fwd (4),

5, 6 Step R fwd (5), Roll hips around in counter-clockwise ½ turn (weight stays on R) (6),

7&8 Step L back (7), Step R back next to L (&), Step L fwd (8), (9:00)

Funky skates fwd x 2; Cross, back, ¼ turn; ¼ turn; ½ turn; L Triple fwd

1, 2 Big step up and out with R to right side (1), Big step up and out with L to left side (2),

3&4 Cross step R over L (3), Step back on L (&), Step R to right side turning ¼ to right (4),

5, 6 Turn ¼ to right stepping L to left side (5), Half Hinge turn to the back over R shoulder stepping R to right side (6),

7&8 Step L fwd (7), Step R next to L (&), Step L fwd (8), (9:00) ****Restart here on wall 6**

Right Out, Out, In, In, Scuff, Hitch, Step; Left Out, Out, In, In, Scuff, Hitch, Step

1&2& Step R out to right side (1), Step L out to left side(&), Step R in to center(2), Step L in to center(&)

3&4 Scuff R(3), Hitch R(&), Step on R next to L(4),

5&6& Step L out to left side(5), Step R out to right side(&), Step L in to center(6), Step R in to center(&),

7&8 Scuff L(7), Hitch L(&), Step on L next to R (8), (9:00)

Step Side Right; Split Heels; Small Hip Rolls; Chasse to left; 2 Quarter-turns

1&2 Step R out to right side(1), with weight on balls of feet, split heels out (&) (knees go in), and back to center (2),

3, 4 Roll hips in small counter-clockwise circle twice (weight stays on R)

5&6 Step L to left side (5); Step R next to L (&); Step L to left side (6),

&7&8 Keeping weight on L for both counts, hitch R foot next to left while turning ¼ left (&) tap R toe to right side (7), repeat &7, (3:00)

Start Dance Again!

****Restart: After 32 counts of Wall 6 you will be facing the original starting wall. Restart the dance from the beginning after the Left Triple forward (count 32).**