

# Rolling In The Deep Beginner

Choreographed by Charlotte Neckelmann

Description: 32 count, 2 wall, Beginner line dance

Music: **Rolling In The Deep** by Adele

Intro: Start dance with vocals after short drum intro

Step sheet written by Rose Haven and based on choreographer's step sheet on Kickit. Optional hand movements and shoulder movements were left out on this step sheet to simplify dance.

Info for Rose: [www.atlantinedance.com](http://www.atlantinedance.com)

## TOE STRUTS FORWARD DIAGONALLY WITH HIP BUMPS

- 1-2 Step right toe forward, drop right heel (taking weight to right) (& bumping hips)
- 3-4 Step left toe forward, drop left heel (taking weight to left) (& bumping hips left)
- 5-8 Repeat 1-4

## 1/4 MONTEREY TURNS TWICE

- 1-2 Point right toe to right side, Turn  $\frac{1}{4}$  right on ball of left and step right next to left (3:00)
- 3-4 Point left toe to left side, Step left next to right
- 5-8 Repeat 1-4 (6:00)

## POINT STEPS

- 1-2 Point right to right side, Step right forward with slight cross in front of left
- 3-4 Point left to left side, Step left forward with slight cross in front of right
- 5-6 Point right to right side, Step right back
- 7-8 Point left to left side, Step left back

## VINE RIGHT, TOUCH, VINE LEFT, TOUCH

- 1-2 Step right to side, Cross left behind right
- 3-4 Step right to side, Touch left together
- 5-6 Step left to side, Cross right behind left
- 7-8 Step left to side, Touch right (6:00)

Start dance again from the top!