

REGGAE COWBOY

4 Wall - 48 Count

Suggested Music: Get Into Reggae Cowboy by the Bellamy Brothers

Step Description by Rose Haven (404) 379-1213 or atlantinedance@bellsouth.net

Beat: Description:

1-8 STEP FORWARD, HITCH AND CLAP

- 1-2 Step forward on right foot: Hitch left foot as you clap
- 3-4 Step forward on left foot; Hitch right foot as you clap
- 5-8 Repeat 1-4 above

9-16 WALK BACK, WITH HITCH AND CLAP

- 1-4 Walk back right foot, left foot, right foot, hitch left foot and clap
- 5-8 Walk back left foot, right foot, left foot, hitch right foot and clap

17-32 VINES RIGHT, LEFT, RIGHT, LEFT, WITH SCUFFS or TOUCH

- 1-3 Vine right, scuff/touch left next to right
- 5-8 Vine left, scuff/touch right next to left
- 1-8 Repeat 1-8 above (Option: turn full turn right on vine right ending with scuff or touch, turn full turn left on vine left ending with scuff or touch)

33-48 POLKA STEPS FORWARD AND BACKWARD

- 1&2 Polka beginning with right foot forward (to corner 1/8th turn right),
 - 3&4 Polka with left foot forward
 - 5&6 Polka right foot backward (1/4 right turn to next corner to right),
 - 7&8 Polka left foot backward
 - 1&2 Polka right forward (1/4 turn right to next corner to right),
 - 3&4 Polka left forward
 - 5&6 Polka backward (1/8th turn right from wall which is counter clockwise from original wall: 9:00),
 - 7&8 Polka left backward
- ("Polka" step for right foot forward is: count (1) step right foot forward; on count of (&) step left next to right; on count of (2) step right foot forward. Each "polka" is a "1 & 2" count with either left or right foot beginning a forward or backward, "step, (&)together, step")

Start Again!