

Ooh Poo Pah Doo

AKA - O.P.P.D

Choreographed by Violet Ray email: danzndoll@maui.net (808) 987-9952
Description: 48 count, 2 wall, beginner/intermediate line dance
Music: **Ooh Poo Pah Doo** by Taj Mahal CD: Phantom Blues: Available on iTunes
Other song suggestions: West Coast Swing Music with 48 count musical phrasing.
Step Sheet by Rose Haven atlantalincedance@bellsouth.net (404)379-1213
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SIDE ROCK, RECOVER, SAILOR STEPS, RIGHT KICK-BALL-STEP

- 1-2 Rock right foot out to right side, recover on left foot
- 3&4 Cross right foot behind left foot, step ball of left foot to left side, step right foot to right side
- 5&6 Cross left foot behind right foot, step ball of right foot to right side, step left foot to left side
- 7&8 Kick right foot forward, step ball of right foot next to left foot, step left foot forward

THREE TOE STRUTS FORWARD, LEFT KICK-BALL-CROSS

- 1-2 Touch ball of right foot forward, press right heel down
- 3-4 Touch ball of left foot forward, press left heel down
- 5-6 Touch ball of right foot forward, press right heel down
- 7&8 Kick left foot forward, step left foot next to right foot, cross right foot over left foot

UNWIND ½ LEFT WITH SHOULDER SHRUGS, LEFT COASTER STEP BACK

- 1-6 Slowly unwind ½ to left on balls of both feet for 6 counts (tapping heels up/down) and at same time, shrug both shoulders 6 times, ending with weight on right foot (6:00)
Styling: hold arms down and out to sides with palms down
- 7&8 Step left foot back, step right foot next to left foot, step left foot forward

RIGHT STEP-LOCK, TRIPLE RIGHT STEP-LOCK-STEP; REPEAT WITH LEFT

- 1-2 Step right foot forward diagonally right, cross left foot behind right foot
- 3&4 Step right foot forward diagonally right, cross left foot behind right foot, step right foot forward diagonally right
- 5-6 Step left foot forward diagonally left, cross right foot behind left foot
- 7&8 Step left foot forward diagonally left, cross right foot behind left foot, step left foot forward diagonally left

ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock forward on right foot, recover on left foot
- 3&4 Triple step while turning ½ right (right, left, right) (12:00)
- 5-6 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (3:00)
- 7-8 Step left foot forward, pivot turn ¼ to right ending with weight on right foot (6:00)

ROCK, RECOVER, ½ TRIPLE TURN, ¼ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock forward on left foot, recover on right foot
- 3&4 Triple step while turning ½ to left (left, right, left) (12:00)
- 5-6 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (9:00)
- 7-8 Step right foot forward, pivot turn ¼ to left ending with weight on left foot (6:00)

REPEAT