

No Can Do

Choreographed by Amy Christian-Sohn (choreographer contact info at bottom of sheet)

Description: 32 count, 2 wall, high beginner line dance

Music: **I Can't Go For That (No Can Do)** by Donny Osmond

or **I Can't Go For That (No Can Do)** by Hall & Oates

Intro: 32 Count

Step Sheet provided by Rose Haven, 404.379.1213 email: atlantalincedance@bellsouth.net or rose@atlantalincedance.com Website: www.atlantalincedance.com

View Video: <http://www.youtube.com/watch?v=zictiVtCkOQ>

CROSS ROCK, SIDE TRIPLE, CROSS ROCK, SIDE TRIPLE

- 1-2 Cross right over left, recover on left
- 3&4 Step right to side, step left together, step right to side
- 5-6 Cross left over right, recover on right
- 7&8 Step left to side, step right together, step left to side

ROCK BACK, RECOVER, STEP, TURN 1/2,

WALK, WALK, WALK, TOGETHER

- 1-2 Step right back, recover on left
- 3-4 Step right forward, turn 1/2 left (weight to left)
- 5-6 Walk forward, right, left, right (or "skate" on steps)
- 8 Step left together, & clap

SLIDE RIGHT, TOUCH, BUMP & BUMP, SLIDE LEFT, TOUCH, BUMP & BUMP

- 1-2 Big step to right side on right, drag left, touch left together
- 3&4 Bump left hip twice (leaving weight on right foot)
- 5-6 Big step to left side on left, drag right, touch right together
- 7&8 Bump right hip twice (leaving weight on left foot)

ROCKING CHAIR, STEP DIAGONALLY FORWARD & BUMP RIGHT HIP FORWARD TWICE, BUMP LEFT HIP BACK TWICE

- 1-2 Rock right forward, recover weight back to left
- 3-4 Rock right back, recover weight forward to left
- 5&6 Step diagonally right forward and bump right hips forward, twice
- 7&8 Bump left hip back twice (Your left should stay put, so that the right is in front)

REPEAT

Choreographer Contact Information:

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