

HOOK ME UP

Choreographed by John Robinson | www.mrshowcase.net

Music: Dance by Kool & The Gang (CD: Unite) (32-count intro); Veo Veo by Hot Banditoz (CD: Bodyshaker) (32-count intro; this song requires a 2-beat hold to stay on phrase after 2nd and 7th repetitions—I use this to teach my beginners how to hear phrasing properly); Dance Dance Dance by Wilson Phillips (CD: California or Princess Diaries 2 Soundtrack) (16-count intro).

Step sheet by Rose Haven – based on choreographer’s original step sheet (www.atlantinedance.com)

Taught at Wild Bill’s, Atlanta, GA - January 2011

Count: Cue: Description:

R HEEL HOOK COMBINATION, L HEEL HOOK COMBINATION

1,2	Heel, hook	Tap R heel forward (1), Hook R across L shin (2)
3,4	Heel, home	Tap R heel forward (3), Step R next to L (4)
5,6	Heel, hook	Tap L heel forward (5), Hook L across R shin (6)
7,8	Heel, home	Tap L heel forward (7), Step L next to R (8)

R TOE FANS, L TOE FANS

1,2	Right fan	Turn R toe out (1), Return home (2)
3,4	Right fan	Turn R toe out (3), Return home shifting weight to R (4)
5,6	Left fan	Turn L toe out (5), Return home (6)
7,8	Left fan	Turn L toe out (7), Return home shifting weight to L (8)

ANGLED STEP-TOUCHES (WITH CLAPS) TRAVELING BACK

1,2	Back,clap	Step R back diagonally right (1), Touch L next to R/clap (2)
3,4	Back, clap	Step L back diagonally left (3), Touch R next to L/clap (4)
5,6	Back, clap	Step R back diagonally right (5), Touch L next to R/clap (6)
7,8	Back, clap	Step L back diagonally left (7), Touch R next to L/clap (8)

R STEP FORWARD-CLOSE-STEP-TOUCH, L STEP FORWARD-CLOSE-STEP-TOUCH (TURNING 1/4 LEFT IF DESIRED)

Styling: Add “shoop shoop” arms to these counts to increase the fun!

1,2	Step,close	Step R forward (1), Step L next to R (2) (<i>option: do a “lock” step on count 2</i>)
3,4	Step,touch	Step R forward (3), Touch L next to R (4)
5,6	Step, close	Step L forward (5), Step R next to L (6) (<i>option: do a “lock” step on count 6</i>)
7,8	Step, touch	Step L forward (7), Touch R next to L (8)

(To make this a 4-wall dance, turn 1/4 left on count 7 as you step forward left.)