

ALL SHOOK UP

Choreographed By Naomi Fleetwood, Columbus, IN

Recommended Music: "All Shook Up", Billy Joel or any West or East Coast Swing Rhythm Song

1 Wall line dance

Step description prepared by Rose Haven – 404.379.1213, email: rose@atlantalincedance.com or website: www.atlantalincedance.com

Dance sequence: Parts **A,B, A,B,C, A,B,C, till end (Note: first pattern only, A B repeats before C)**

Part A: Count/Step Description

Triples Forward & Left Vine with Touch

- 1&2 Left foot fwd, Right next to left on &, Left foot fwd.
- 3&4 Right foot fwd, Left next to right on &, Right foot fwd.
- 5-8 Step Left foot to left side, Cross Right behind Left, step Left to left side, touch Right next to Left

Triples Back & Right Vine with Touch

- 1&2 Right foot back, Left next to Right on &, Right foot back
- 3&4 Left foot back, Right next to Left on &, Left foot back
- 5-8 Step Right foot to right side, cross Left behind Right, step Right to right side, touch Left next to Right

Walk Forward with Kick, Walk back with Touch

- 1-4 Step forward on Left foot, Right foot, Left foot, kick Right foot
- 5-8 Step back on Right foot, Left foot, Right foot, touch Left toes back

Extend, Clap, Pull, Hold, Ross Pelvis

- 1-4 Touch left toes to left while extending left arm straight to the left: clap hands at chest level to left side (where left arm was extended on count 1); leave left arm extended left while pulling right elbow to right side (like holding a guitar); hold
- 5-6 Roll pelvis to the right for 2 counts
- 7-8 Roll pelvis to the right for 2 counts (think Elvis!)

Part B

Vine Left with ½ Pivot Turns

- 1-4 Step left foot to left side, cross right behind left, step left to left side, touch right next to left
- 5-8 step forward on right: pivot ½ turn to left: step forward on right; pivot ½ turn to left
Vine Right with ½ pivot turns
- 1-4 Step right foot to right side, cross left behind right, step right to right side, touch left next to right
- 5-8 Step forward on left; pivot ½ turn to the right; step forward on left; pivot ½ turn to right

Part C

Vine with ½ turn, back walk

- 1-4 Step to left on left; step right behind left, step left to left side, scuff or hitch right as you pivot ½ turn to the left
- 5-8 Step back on right, left, right,, touch left next to right

Forward toe struts

- 1-4 Step forward on left toes; step down on left heel
Step forward on right toes; step down on right heel
- 5-8 repeat counts 1-4 above
- 1-16 **repeat 16 counts above** (Vine and toe struts)

Begin again - Repeat parts A, B and C