

A Little Be Bop Swingin'

32 Count 4 Wall Beginner Line Dance

Choreographed 4/20/09 by Jo Thompson Szymanski and Rita Thompson

Starter Music: "Be Bop A Lula" by Scooter Lee on Puttin' On The Ritz CD

Music: West Coast or East Coast Swing type songs "Put A Little Love In Your Heart"

Faster Tempo: "Back to Louisiana" by Scooter Lee

2 KICK BALL CROSSES RIGHT, TRIPLE RIGHT, ROCK BACK, RECOVER

1&2 Kick R to R diagonal (1), Rock back with ball of R (&), Step L across front of R (2)

3&4 Repeat above counts. The kick ball crosses should travel to the R side

5&6 Step R to R side (5), Step together with L (&), Step R to R side (6)

7-8 Rock back with L (7), Replace weight forward to R foot (8)

2 KICK BALL CROSSES LEFT, TRIPLE LEFT, ROCK BACK, RECOVER

1&2 Kick L to L diagonal (1), Rock back with ball of L (&), Step R across front of L (2)

3&4 Repeat above counts. The kick ball crosses should travel to the L side

5&6 Step L to L side (5), Step together with R (&), Step L to L side (6)

7-8 Rock back with R (7), Replace weight forward to L foot (8)

Note for the above 16 counts: If the Kick Ball Crosses are challenging, try thinking of them as two kick ball changes traveling slightly to the side.

SHIMMY RIGHT, HOLD, TOUCH, CLAP, SHIMMY LEFT, HOLD, TOUCH, CLAP

1-2 Large step R to R, shimmy shoulders/wiggle hips (1), Hold, continue to shimmy/wiggle (2)

3-4 Slide L foot in to touch beside R (3), Clap (4)

5-6 Large step L to L, shimmy shoulders/wiggle hips (5), Hold, continue to shimmy/wiggle (6)

7-8 Slide R foot in to touch beside L (7), Clap (8)

Optional variation for above 8 counts: Syncopated Chasses R & L with Clap

1-2& Step R to R side (1), Hold (2), Step together with L (&)

3-4 Step R to R side (3), Touch L beside R with clap (4)

5-6& Step L to L side (5), Hold (6), Step together with R (&)

7-8 Step L to L side (7), Touch R beside L with clap (8)

ROCKING CHAIR (OR TWO 1/2 TURNS), JAZZ BOX 1/4 TURN RIGHT

1-2 Rock forward with R (1), Replace weight back to L (2)

3-4 Rock back with R (3), Replace weight forward to L (4)

Optional variation for above counts 1-4: Step, 1/2 Turn, Step, 1/2 Turn

1-2 Step forward with R (1), Turn 1/2 L, shift weight to L (2)

3-4 Step forward with R (3), Turn 1/2 L, shift weight to L (4)

5-6 Step R across front of L (5), Step back L (6)

7-8 Step R to R with 1/4 turn R (7), Step L slightly across front of R (8)

Start again from the beginning.